

# Skin Hyperkeratosis Protocol

## Skin Hyperkeratosis Protocol Products



Pressure Point Pad



Pan Metatarsal Pad



Bi-Plane Pad

### Step 1- Pad Selection



Step 2



Step 3



Step 4

## Skin Hyperkeratosis Protocol (Skin Calluses)

- **Step 1: Physician Selects Proper Pad (Pressure Point or Pan Metatarsal or Bi-Plane Pad)**
  - a. Clean and dry skin thoroughly if applying pad directly to skin.
  - b. Remove plastic backing off pad by pinching edge of pad and slowly peeling off.
  - c. Remove the pad at night and when showering. For proper hygiene and to restore tackiness of pad, wash with soap and water and let air dry. Store overnight on provided storage sheet.
  
- **Step 2: Moisturizing Crème**

Massage directly into skin every morning for skin hydration. Multiple applications can be used throughout the day if necessary.
  
- **Step 3: Shoe & Insole Hygienic Refresher Spray**

Spray shoes, orthotics or insoles daily to reduce the risk of infection and re-infection.
  
- **Step 4: Exfoliating Lotion**

Apply nightly to legs, heels and feet for skin restoration.