

Diseased Nails Protocol- Wet and Dry Feet

Wet Feet Protocol Products



Step 1 Step 2 Step 3 Step 4-A Step 4-B

Dry Feet Protocol Products



Step 1 Step 2 Step 3 Step 5-A Step 5-B

Diseased Nails Protocol

- ❑ **Step 1: Nail Formula**
 - a. Apply Nail Formula daily unless nails have been lasered in which case apply once a week.
 - b. Once a week, roughen the surface of the nails lightly with an emery board to help the nail formula absorb into the nail bed. Re-apply Nail Formula.
- ❑ **Step 2: Shoe & Insole Hygienic Refresher Spray**
Spray shoes, orthotics or insoles daily to reduce the risk of infection and re-infection.
- ❑ **Step 3: Bath & Shower Cleansing Spray**
Spray all bathroom floor surfaces as well as bathtub and/or shower daily to prevent cross contamination and re-contamination during active treatment of nail disease. Thereafter continue with normal cleansing of showers and bathroom surfaces.
- ❑ **Step 4-A : Deodorizing Drying Spray (Wet Feet)**
Spray directly on feet daily and air dry.
- ❑ **Step 4-B: Foot & Shoe Powder (Wet Feet)**
Apply once feet are dry.
- ❑ **Step 5-A: Exfoliating Lotion (Dry Feet)**
Apply once nightly to legs, heels and feet for skin restoration.
- ❑ **Step 5-B: Moisturizing Crème (Dry Feet)**
Massage directly into skin every morning for skin hydration. Multiple applications can be used during the day.